



MEI is a non-profit 501(c)(3) dedicated to helping people with chronic disease learn to manage and improve their health. **Here are four ways to work with us:**

## 1. PUT OUR EXPERTISE TO WORK FOR YOU

- As subject-matter experts:** Leverage our experience with 15,000+ patients to inform your efforts.
- As thought leaders:** MEI can provide you with a uniquely patient-centered perspective and vision.
- As researchers:** By conducting studies, MEI can find answers to your most important questions.
- As creators of medical education programs:** MEI can design and build education to meet YOUR needs.
- As patient advocates:** MEI can help you build a strategy for patient-friendly policies.

## 2. REACH YOUR TARGET AUDIENCE: SPONSOR OUR AWARD-WINNING PROGRAMS

[WWW.LIFEOPTIONS.ORG](http://WWW.LIFEOPTIONS.ORG)



Help people live long and well with CKD. 1.87 million people each year with pre-dialysis CKD visit Life Options to learn how to care for themselves.

[WWW.HOMEDIALYSIS.ORG](http://WWW.HOMEDIALYSIS.ORG)



Raise awareness and use of PD and home HD. Learn about home options and life at home, find a clinic, get answers, and find stories, helpful tools, and information.

[WWW.KIDNEYSCHOOL.ORG](http://WWW.KIDNEYSCHOOL.ORG)



Support self-management with our free online curriculum for people with CKD. Sixteen easy-to-read modules are in English and Spanish. Web, print, audio learning and CE credits are available.

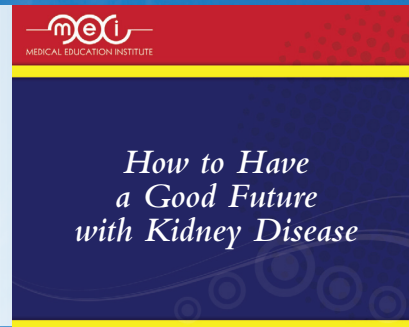
Support for our work comes from project fees, grants, government subcontracts, donations, and sponsorships for our programs. **Email Dori Schatell ([schatell@mei.org](mailto:schatell@mei.org)) to request a sponsorship proposal or discuss your project.**



# 3. EDUCATE YOUR KIDNEY PATIENTS WITH OUR EVIDENCE-BASED MATERIALS

## Teach a CKD class

Use our MIPPA-eligible slide decks one-on-one or with groups. Download our toolkit—with slides, speaker's notes, learning objectives, handouts, and a how-to guide. Adapt them so they work for YOU. **FREE:** [www.lifeoptions.org/goodfuture](http://www.lifeoptions.org/goodfuture). Or, your patients can watch video classes presented by award-winning social worker, Mary Beth Callahan. **FREE:** [www.lifeoptions.org/goodfuture\\_patients](http://www.lifeoptions.org/goodfuture_patients)



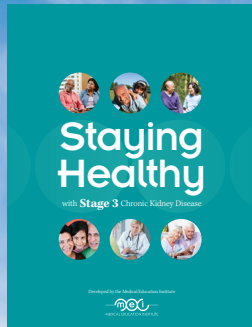
## Promote venous access

**Three illustrated vascular access booklets**—one each for fistulas, grafts, and catheters. In English, Spanish, Korean, Bengali, Chinese, and French (Haitian) Creole. **FREE:** [www.lifeoptions.org/vascular\\_access](http://www.lifeoptions.org/vascular_access)



## Help patients slow CKD

Reinforce your teaching! Order our easy-to-read, award-winning booklet to share accurate, up-to-date information. Help people with stage 3 CKD take active steps to slow their disease. **COST:** < \$3.00/copy, or self-print with our licensing agreement. [www.lifeoptions.org/ckd3\\_booklet](http://www.lifeoptions.org/ckd3_booklet)



## Encourage home treatments

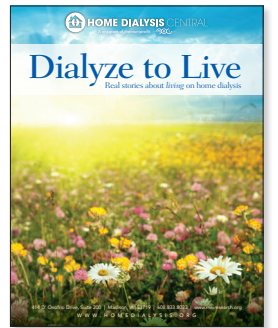
### Life@Home

**Original, easy-to-read articles** about lifestyle topics related to PD and home HD, from keeping a job to what to expect from a PD catheter. Check out the topics! **FREE:** [www.homedialysis.org/life-at-home/articles](http://www.homedialysis.org/life-at-home/articles)

**Home Dialysis: Your Life, Your Choice**  
30-minute DVD takes you into the lives of six people on PD or daily or nocturnal home HD, plus three nephrologists. **COST:** \$10  
[www.homedialysis.org/about-us/store](http://www.homedialysis.org/about-us/store)



**Dialyze to Live** features six stories of people who made home dialysis part of an active and rewarding lifestyle. **FREE:** [www.homedialysis.org/documents/dialyze-to-live.pdf](http://www.homedialysis.org/documents/dialyze-to-live.pdf)



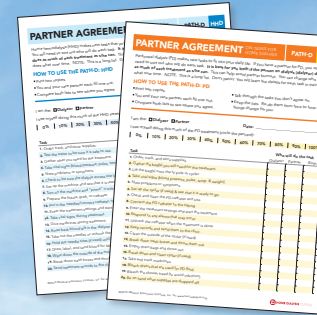
## Give hope & share treatment options

Order our fully-referenced, award-winning booklet to help stage 4/5 CKD patients and families learn to delay kidney failure and understand *all* of the treatment options: transplant, dialysis, and conservative management. **COST:** < \$3.00/copy, or self-print with our licensing agreement. [www.lifeoptions.org/ckd4-5\\_booklet](http://www.lifeoptions.org/ckd4-5_booklet)



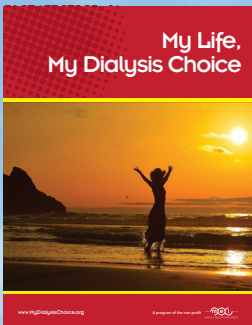
## Reduce care-partner burden

**Partner Agreement on Tasks for Home Dialysis (PATH-D)** - for PD or HHD. Tools to help manage tasks between the person on dialysis and a care partner. **FREE:** [www.homedialysis.org/path-d](http://www.homedialysis.org/path-d)



## Offer informed consent for dialysis

Help your patients match their personal values with the dialysis options that will give them the fullest lives with our award-winning decision aid. Endorsed by AAKP and Home Dialyzors United. **FREE:** [www.mydialysischoice.org](http://www.mydialysischoice.org)



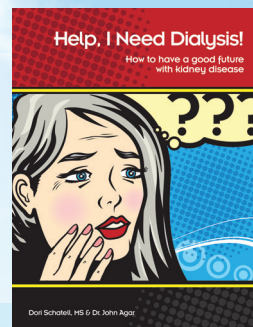
## Explain the Medicare start date

**Medicare Start Date Calculator** – free tool to learn when Medicare will start for your patients if they do home dialysis verses in-center. **FREE:** [www.homedialysis.org/home-dialysis-basics/calculator](http://www.homedialysis.org/home-dialysis-basics/calculator)



## Educate patients...

...to become active partners in dialysis. *Help, I Need Dialysis!* is a reassuring, referenced, comprehensive, illustrated resource that covers ALL types of dialysis and what to expect. Winner of a National Health Information Award, this 193-page book is a must-have. **COST:** \$14.99 plus shipping per copy; bulk discounts offered. [www.lifeoptions.org/help\\_book](http://www.lifeoptions.org/help_book)



## Start a conversation with in-center patients

**3-Minute award-winning mini-movies in English and Spanish:**

- **Fistulas** – Shows why it's best to switch from a hemodialysis catheter to a fistula.
- **Dialysis Options** – Covers lifestyle impacts of PD, in-center nocturnal, and home HD.
- **Fluids** – Shares how excess fluid can make patients feel bad and what they can do about it.
- **Getting Enough Dialysis** – Explains the patient's role in dialysis adequacy.

DVD **COST:** \$10 or watch for **FREE:** [www.lifeoptions.org/letstalk](http://www.lifeoptions.org/letstalk)





# 4. USE MEI PROFESSIONAL RESOURCES

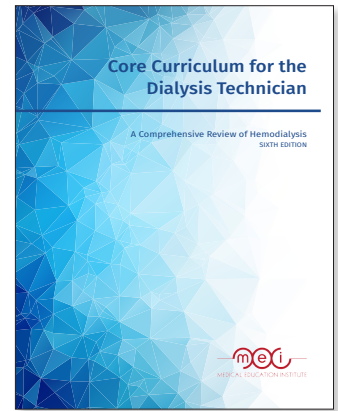
## Train new nurses and technicians

### Core Curriculum for the Dialysis Technician 6<sup>th</sup> edition

The premier, comprehensive training tool to help technicians—and nurses—learn to provide safe, sensitive, high-quality dialysis. Full color, easy-to-read, fully referenced and illustrated modules cover topics from understanding patients and kidney disease to infection control, professionalism, dialysis principles, and vascular access to equipment, water treatment, procedures, and emergency planning. A must-have resource for every technician training program and dialysis clinic. **COST:** \$35 book or \$27.99 epub/mobi.

### Practice Tests for the Core Curriculum for the Dialysis Technician

Test knowledge or prepare for the certification exam. **FREE:** 10 sample questions per module. **COST:** \$5–\$10 per module for additional questions, or \$35 for the complete set of 700+ practice questions. [www.mei.org/cc6](http://www.mei.org/cc6)



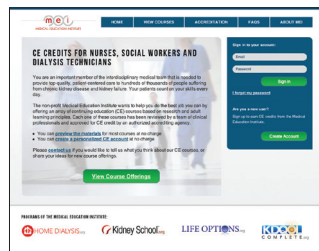
## Earn online CE credits

### For Nurses and Dialysis Technicians

Your patients count on your skills every day. Stay up to date and obtain CE credits. Keep up your certification and help support MEI efforts at the same time.

**COST:** \$10 per credit.

[www.credits.meiresearch.org](http://www.credits.meiresearch.org)

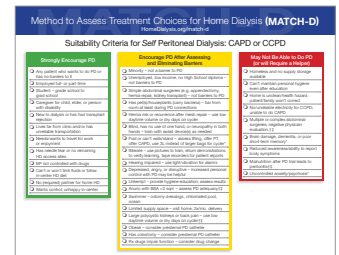


## Identify patients for PD or home HD

### The Method to Assess Treatment Choices (MATCH-D)

Assess candidates for PD and home HD. Listed as a resource in the CMS Conditions for Coverage Measures Assessment Tool (MAT) for surveyors.

**FREE:** [www.homedialysis.org/match-d](http://www.homedialysis.org/match-d)



## Read cutting-edge home dialysis opinions

**KidneyViews Blog** – MEI and guests share perspectives about home therapies and how to raise their profile and enable more people to use them. Submit comments or a guest blog and help us tell the world about home dialysis.

**FREE:** [www.homedialysis.org/news-and-research/blog](http://www.homedialysis.org/news-and-research/blog)

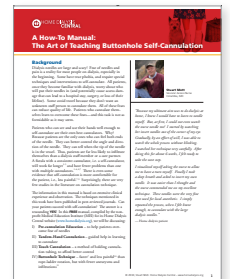


## Teach self-cannulation

### A How-To Manual

Step-by-step illustrated guide to teaching patients how to put in their own needles—a key step toward helping them preserve their access sites, gain self-confidence, and consider home treatment.

**FREE:** [www.homedialysis.org/buttonhole](http://www.homedialysis.org/buttonhole)



## Comply with the CMS requirement to measure health-related quality of life

Record, document, and report the results of CMS-required dialysis patient KDQOL-36™ health-related quality of life surveys. Annual subscription fee based on clinic size.

**COST:** \$350 or less per clinic per year. [www.kdqol-complete.org](http://www.kdqol-complete.org)

